

# The Grätz Scribble Test: Instructions And Stimulus Words

1. "I will say a few words. Please, depict the impression or inner motion you experience in response to the words, using spontaneous lines or shapes that do not depict the objects. You can use one folded cell for each word."  
(Eva Grätz, 1978)
2. "When you have done this, faintly write the word on the reverse side of the paper, so that it does not show through." (*modified instruction published by Zoltan Vass, 2012*)

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|----------------|----------------------|
| 1. anger       | 9. resistance        |
| 2. fear        | 10. safety           |
| 3. hate        | 11. aggression       |
| 4. forgiveness | 12. loneliness       |
| 5. attraction  | 13. a conflict word* |
| 6. jealousy    | 14. dance            |
| 7. desire      | 15. father           |
| 8. despair     | 16. mother           |

## References:

Grätz, E. (1978). Zeichnen aus dem Unbewußten. Stuttgart: Hippokrates.

Vass, Z. (2012). A psychological interpretation of drawings and paintings. The SSCA Method: A Systems Analysis Approach. Budapest: Alexandra.

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