

Instruction Sheet For The Regressed Kinetic Family Drawing Technique

1. Instruction: "Draw your family as you saw it when you were five years old, with everyone doing something."
2. Tools: a sheet of 8.5" x 11" paper and color drawing utensils.
3. Comments: Stick figures are not accepted.

References:

Furth, G. M. (1993). *Heilen durch Malen*. Olten und Freiburg im Breisgau: Walter.

Vass, Z. (2012). *A psychological interpretation of drawings and paintings. The SSCA Method: A Systems Analysis Approach*. Budapest: Alexandra.